

# Is it Time for a Medical alert service?

To find out , answer the questions below.

Place a check mark next to those that apply to you or someone you care for and then total the points. Your level of need for a medical alert service is explained in the far right column.



Questions	Points	Assessment of Need
1. Is it important to you to continue to live independently?	_____ 3	<b>0-6 points – MINIMAL NEED</b> Medical alert service may not be required at this time, but please reevaluate your need from time-to-time as your health and situation change.
2. Do you spend time alone, either during the day or at night?	_____ 4	
3. Would the assurance that you could always reach help from anywhere in your home provide peace of mind for your family?	_____ 3	
4. Are you required to take more than four medications daily?	_____ 6	<b>7-14 points – POSSIBLE NEED</b> Family, nurses, physicians and other professional caregivers might advise you to consider installation of medical alert service.
5. Are you or your family concerned about the possibility of you falling in your home?	_____ 6	
6. Have you been hospitalized or been to the emergency room in the past 12 months?	_____ 4	<b>15-28 points – INCREASED NEED</b> Family, nurses, physicians and other professional caregivers would probably recommend you install medical alert service.
7. Are you presently using a cane, walker or other helpful aid to help you move about your home?	_____ 6	
8. Has your physician diagnosed you as having heart disease, stroke, pulmonary disorders, osteoporosis, diabetes or arthritis?	_____ 4	
9. Are you receiving assistance to help you with meal preparation, bathing, dressing, or toileting?	_____ 6	<b>29-40 points – URGENT NEED</b> Family, nurses, physicians and other professional caregivers would probably recommend that you immediately install medical alert service.
<b>Total up the points from the nine questions and it will indicate your need for medical alert service. TOTAL _____</b>		

**Important Note:** This self-assessment tool may be helpful in helping you to identify any need that you may have for medical alert service, but each person's health and situation is different, so you should feel free to contact and consult with a trusted health professional on this matter.

For more information, visit [www.galaxyalarmsystems.com](http://www.galaxyalarmsystems.com)  
1-866-945-5027

Safe At Home

**Galaxy Medical Alert**

Protection that's personal.